* *Are you an organization or group looking to build a stronger community through a program or service that connects community members in healthful ways?*
* *Have you recognized a community need that you want to see filled but aren’t sure where to start?*
* *Does someone you know or care about need individualized support to reach their potential or have a better life?*

**Our Services**

**Service #1**

Designing programs and services for your organization or group with the goal of bringing community together through engagement.

**Service #2**

Designing programs, services or events for your volunteer or not-for-profit group with the goal of bringing the community together through engagement

**Service #3**

Coordinating individualized mental health care plans for families and individuals.

**Process and Timeline.**

**Step 1: Discovery meeting**

You tell us what your challenge is and where you are at. Where are you seeing gaps in your community? What are the needs at this time?

We provide initial insights and suggestions.

**Step 2: Project Plan Creation**

Our team creates project steps, resource requirements, roles and responsibilities.

**Step 3: Project Plan Presentation**

We present the project plan and make any necessary adjustments before signing off and moving into the execution phase.

*This 3 step process can take up to one month depending on the scope of your project.*

**Implementation timeline and process is based on individual engagement. We do not use already established programming. We will create something unique that meets the need.**

**Our Experience**

For over 10 years we have supported a number of organizations, individuals, and families. Collectively, our team has accumulated the skill and talent to design and implement unique, client-centred programming that contributes to the creation of stronger, more integrated communities.

*Recently with the Canadian Mental Health Association we provided outreach services, peer support services and developed a drop-in centre. And, working in collaboration with the Sunshine Coast Community Forest, we helped develop a community firewood program that engaged several businesses and vulnerable people groups.*

With families and individuals, we have built personalized service plans, drawing on resources from the community, Province, or Canada-wide to assist those struggling with addiction, mental illness, cognitive disabilities, mental health issues, or physical disabilities. We can help create a sustainable journey forward for anyone who needs specialized support.

**Our Fees**

* We will charge your organization or group on an hourly basis, so you don’t pay for time you don’t use. Our team rate is $80 per hour.
* We offer a sliding scale rate for individuals or families because we don’t want finances to get in the way of achieving a better life.
* If you are a volunteer group and you want our support, talk to us. We can work something out.

**We Believe**

*Communities and their members are the driving force in creating community health.*

*Partnering with organizations and groups, we design programming that is community centred, and on par with organizational vision, values, and purpose.*

*Everyone has the right to stand strong in their community, to have the supporters they need, the opportunity to live the life they imagine.*

*People are powerful contributors to their own betterment. Our task is to listen, learn, and create programming that connects your community and makes it stronger.*

Call Laurel (604) 750 - 7505, or Hugh (604) 665 - 4886, or email us at [coastcommunityconsultant@gmail.com](mailto:coastcommunityconsultant@gmail.com)  for more information.